

Computer Update Guide

Manual Updates – Operating Systems

Here is a great online resource for Windows and Mac: <http://its.uiowa.edu/support/article/1418>

To update your Windows 7 and 8 Operating System:

1. Open Windows Update by clicking the Start button. In the search box, type Update, and then, in the list of results, click Windows Update.
2. Click Check for updates, and then wait while Windows looks for the latest updates for your computer.
3. If you see a message telling you that important updates are available, or telling you to review important updates, click the message to view and select the important updates to install.
4. In the list, click the important updates for more information. Select the check boxes for any updates that you want to install, and then click OK.
5. Click Install updates.
 - a. **Note: Windows 10 is set to automatically install updates by default**

Automatic Updates

Here is a great online resource for Windows users: <https://support.microsoft.com/en-us/kb/306525>

Windows 7 OS

1. Click Start, type Windows update in the search box, and then click Windows Update in the Programs list.
2. In the left pane, click Change settings.
3. Select the option that you want.
4. Under Recommended updates, select the Give me recommended updates the same way I receive important updates or Include recommended updates when downloading, installing, or notifying me about updates check box, and then click OK.

Note – you may or may not want Windows to update itself automatically:

- a. Auto updates can come at inopportune times
- b. Sometimes updates can “break” some software applications, requiring updates to the software

Important Note: Mainstream support for Windows 7 stopped on Jan 13, 2015.

- a. Security updates (extended support) will continue until Jan 14, 2020.
- b. More info: <https://support.microsoft.com/en-us/help/13853/windows-lifecycle-fact-sheet>

